

FOR IMMEDIATE RELEASE

Dr. Rocco Monto to Launch Oceanus Health, Nantucket's First Dedicated Orthopedic and Regenerative Medicine Clinic

NANTUCKET, MA – August 13, 2025 – Nationally recognized orthopedic surgeon Dr. Rocco Monto will launch Oceanus Health, Nantucket's first dedicated orthopedic and regenerative medicine clinic, this fall. Co-founded with operational partner Betsey Brooks, Oceanus Health was created to blend traditional orthopedic excellence with breakthrough regenerative and precision medicine.

After more than 20 years of full-time care on the island, Dr. Monto is expanding his commitment to the community by creating a clinic designed to provide year-round, expert-driven, concierge-level services in orthopedic surgery, sports medicine, and precision regenerative therapies.



*Rocco Monto, MD, FAAOS
Orthopedic Surgeon & Founder of Oceanus Health*

The practice will address a critical gap in access to advanced orthopedic and regenerative therapies on Nantucket.

“For over two decades, I’ve been privileged to serve Nantucket patients with consistent, comprehensive orthopedic care,” said Dr. Monto. “Oceanus Health represents the next chapter in that commitment – bringing cutting-edge science and a concierge experience to the island, where patients can receive trusted, world-class care.”

Oceanus Health’s hybrid model is tailored for those who want more than a hospital visit. Patients can expect:

- **Elite expertise** from Dr. Monto, a board-certified orthopedic surgeon with decades of experience treating professional athletes and complex cases.
- **Comprehensive care** through a pioneering hybrid approach that integrates orthopedic surgery, sports medicine, longevity, and regenerative therapies, all under one roof.
- **Precision regenerative medicine**, using advanced biologics and cellular therapies that promote faster recovery and extended healthspan.

- **A longevity and performance focus** designed to prevent injury, enhance performance, and support long-term vitality.
- **A personalized experience** that delivers thoughtful, one-on-one care delivered in a calm, private setting, providing continuity and comfort far beyond traditional healthcare environments.
- **Credibility and trust** backed by strong affiliations with organizations like US Soccer, Massachusetts General Hospital, and the American Academy of Orthopaedic Surgeons (AAOS).

Oceanus Health is finalizing its Nantucket home and preparing to welcome patients this fall. To learn more and join the Oceanus Health community visit www.oceanus.health.

About Dr. Rocco Monto

Dr. Rocco Monto is a board-certified orthopedic surgeon and sports medicine specialist with over 20 years serving the Nantucket community. Renowned for his pioneering work in regenerative medicine, he has treated professional athletes and everyday patients alike. Dr. Monto is the author of the best-selling book THE FOUNTAIN: A Doctor's Prescription to Make 60 the New 30 and serves as a founding team physician for US Soccer. He completed his medical training at NYU School of Medicine, residency at Duke University, and fellowship at the Steadman-Hawkins Clinic.

About Oceanus Health

At Oceanus Health, the future of medicine is personal. Our mission is to deliver precision orthopedic, regenerative, and longevity care to patients who refuse to settle for average. We fuse cutting-edge science with world-class service to optimize performance, prevent decline, and extend vitality. Born on Nantucket, inspired by innovation, and powered by purpose, we've been here and we are here to stay.

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